

Songs of Ascents – Part 3

Psalm 130: “My soul waits for the Lord...”

1 Out of the depths I cry to you, O LORD!

2 O Lord, hear my voice!
Let your ears be attentive
to the voice of my pleas for mercy!

3 If you, O LORD, should mark iniquities,
O Lord, who could stand?

4 But with you there is forgiveness,
that you may be feared.

5 I wait for the LORD, my soul waits,
and in his word I hope;
6 my soul waits for the Lord
more than watchmen for the morning,
more than watchmen for the morning.

7 O Israel, hope in the LORD!
For with the LORD there is steadfast love,
and with him is plentiful redemption;
8 And he will redeem Israel
from all his iniquities.

Psalm 131: “I have calmed and quieted my soul...”

1 O LORD, my heart is not lifted up;
my eyes are not raised too high;
I do not occupy myself with things
too great and too marvellous for me.

2 But I have calmed and quieted my soul,
like a weaned child with its mother;
like a weaned child is my soul within me.

3 O Israel, hope in the LORD
from this time forth and forevermore.

Psalm 132: "The Lord has chosen Zion..."

1 Remember, O LORD, in David's favour,
all the hardships he endured,
2 how he swore to the LORD
and vowed to the Mighty One of Jacob,
3 "I will not enter my house
or get into my bed,
4 I will not give sleep to my eyes
or slumber to my eyelids.
5 until I find a place for the LORD,
a dwelling place for the Mighty One of Jacob."

6 Behold, we heard of it in Ephrathah;
we found it in the fields of Jaar.
7 "Let us go to his dwelling place;
let us worship at his footstool!"

8 Arise, O LORD, and go to your resting place,
you and the ark of your might.
9 Let your priests be clothed with righteousness,
and let your saints shout for joy.
10 For the sake of your servant David,
do not turn away the face of your anointed one.

11 The LORD swore to David a sure oath
from which he will not turn back:
"One of the sons of your body
I will set on your throne.
12 If your sons keep my covenant
and my testimonies that I shall teach them,
their sons also forever
shall sit on your throne."

13 For the LORD has chosen Zion;
he has desired it for his dwelling place:
14 "This is my resting place forever;
here I will dwell, for I have desired it.
15 I will abundantly bless her provisions;
I will satisfy her poor with bread.
16 Her priests I will clothe with salvation,
and her saints will shout for joy.
17 There I will make a horn to sprout for David;
I have prepared a lamp for my anointed.
18 His enemies I will clothe with shame,
but on him his crown will shine."

Psalm 133: “When brothers dwell in unity...”

- 1 Behold, how good and pleasant it is
when brothers dwell in unity!
- 2 It is like the precious oil on the head,
running down on the beard,
on the beard of Aaron,
running down on the collar of his robes!
- 3 It is like the dew of Hermon,
which falls on the mountains of Zion!
For there the LORD has commanded the blessing,
life forevermore.

Psalm 134: “Come, bless the Lord...”

- 1 Come, bless the LORD, all you servants of the LORD,
who stand by night in the house of the LORD!
- 2 Lift up your hands to the holy place
and bless the LORD!
- 3 May the LORD bless you from Zion,
he who made heaven and earth!

Cross References

Matthew 18 v 1 to 4: At that time the disciples came to Jesus, saying, “Who is the greatest in the kingdom of heaven?”² And calling to him a child, he put him in the midst of them³ and said, “Truly, I say to you, unless you turn and become like children, you will never enter the kingdom of heaven.⁴ Whoever humbles himself like this child is the greatest in the kingdom of heaven.”

John 4 v 34: Jesus said to them, “My food is to do the will of him who sent me and to accomplish his work.”

2 Chronicles 6 v 41, 42:

“And now arise, O LORD God, and go to your resting place,
you and the ark of your might.
Let your priests, O LORD God, be clothed with salvation,
and let your saints rejoice in your goodness.

O LORD God, do not turn away the face of your anointed one!
Remember your steadfast love for David your servant.”

Luke 1 v 31 to 33: “And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus.³² He will be great and will be called the Son of the Most High. And the Lord God will give to him the throne of his father David,³³ and he will reign over the house of Jacob forever, and of his kingdom there will be no end.”

2 Samuel 21 v 17: Then David's men swore to him, “You shall no longer go out with us to battle, lest you quench the lamp of Israel.”

2 Samuel 12 v 10: “Now therefore the sword shall never depart from your house, because you have despised me and have taken the wife of Uriah the Hittite to be your wife...”

2 Samuel 5 v 1 to 10: Then all the tribes of Israel came to David at Hebron and said, “Behold, we are your bone and flesh.² In times past, when Saul was king over us, it was you who led out and brought in Israel. And the LORD said to you, ‘You shall be shepherd of my people Israel, and you shall be prince over Israel.’”³ So all the elders of Israel came to the king at Hebron, and King David made a covenant with them at Hebron before the LORD, and they anointed David king over Israel.⁴ David was thirty years old when he began to reign, and he reigned forty years.⁵ At Hebron he reigned over Judah seven years and six months, and at Jerusalem he reigned over all Israel and Judah thirty-three years.

⁶ And the king and his men went to Jerusalem against the Jebusites, the inhabitants of the land, who said to David, “You will not come in here, but the blind and the lame will ward you off”—thinking, “David cannot come in here.”⁷ Nevertheless, David took the stronghold of Zion, that is, the city of David.⁸ And David said on that day, “Whoever would strike the Jebusites, let him get up the water shaft to attack ‘the lame and the blind,’ who are hated by David's soul.” Therefore it is said, “The blind and the lame shall not come into the house.”⁹ And David lived in the stronghold and called it the city of David. And David built the city all around from the Millo inward.¹⁰ And David became greater and greater, for the LORD, the God of hosts, was with him.